

Monikie Angling Club

Probably the best value fishing in the East of Scotland!

CATCH AND RELEASE GUIDELINES

FOLLOW THESE SIMPLE RULES AND YOUR FISH WILL
HAVE THE BEST CHANCE OF SURVIVING

1. Use barbless hooks or flatten the barb.
2. Avoid using multiple hooks because they can cause unnecessary damage.
3. Use tackle that is strong enough to bring fish to hand quickly, avoid overtiring them.
4. Use knotless mesh landing nets, to avoid damage to eyes, gills, fins and body.
5. Don't lift a fish by the tail or gill cover.
6. If possible, keep the fish in the water while releasing it.
7. Measure the fish against your rod or carry a soft measuring tape if you want to estimate its weight.
8. Hold the fish carefully, supporting it from beneath, until it recovers sufficiently to be released safely.